

“There is no such thing as a perfect smile — only a smile that is perfectly yours.”

- EDWARD ANGLE (Father of Modern Orthodontics)



Do you hide your smile in photos?

The real goal is a bite that works, teeth you can clean, and a **smile you stop hiding.**

YOUR NEXT STEP

Book the
Appointment
You've Been Putting Off

Book Now

Your first consultation is an assessment, no commitment, no pressure.

Any

Age Can Benefit

Bone responds to controlled pressure at every stage of life.

4

Appliance Options

Metal, ceramic, self-ligating, or clear aligners.

Align Dental Studio

Dr. [Doctor's Name]
[Qualification]



123, Main Street City, State – 000000



1234567891



2131415161

SMILE

THAT IS
PERFECTLY ALIGNED . FOR A BEAUTIFUL YOU

MOST
CONFIDENT
PATIENTS

BEST SMILE
TRANSFORMATION

A
CONFIDENT
SMILE

A
FUNCTIONAL
BITE

FOR A
HEALTHIER
YOU



BOOK YOUR APPOINTMENT SOON.

SELF-ASSESSMENT

Signs You May Need Orthodontic Evaluation

Signs You Can See

- ☐ **Crowded or Overlapping Teeth**
Overlapping surfaces are impossible to clean properly.
- ☐ **Visible Gaps Between Teeth**
Gaps shift bite force distribution unevenly.
- ☐ **Overbite, Underbite, or Crossbite**
Bite problems create uneven enamel wear on specific teeth.
- ☐ **Face Looks Asymmetrical When You Smile**
A shifted jaw strains your muscles.

Read through both columns. Tick what applies to you and then bring this pamphlet to your dentist appointment. The more you tick, the more important the conversation.

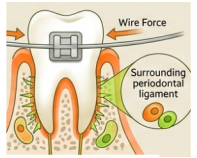
Signs You May Be Ignoring

- ☐ **Difficulty Cleaning Between Teeth**
If flossing is consistently difficult or painful in certain areas due to crowding.
- ☐ **Jaw Clicking, Popping, or Soreness**
TMJ symptoms frequently stem from a bite that doesn't distribute force evenly and orthodontic treatment can correct it.
- ☐ **Teeth Wear**
Flat or chipped surfaces on particular teeth indicate abnormal contact points or uneven force distribution.
- ☐ **One Side of Your Jaw Working Harder**
If you always chew on one side, your bite is compensating for an imbalance. Over time this strains your jaw and wears your enamel unevenly.

WHY IT TAKES SO LONG?

How Braces Move Your Teeth

- 1 Calibrated Pressure Applied**
The wire applies precise force on each bracket and the surrounding ligament triggers bone remodelling.



- 2 Bone Dissolves on One Side**
Specialised cells dissolve bone on the pressure side, creating space for the tooth to move gradually and safely.



- 3 New Bone Forms**
New bone deposits behind the moving tooth, locking it into its new position. This is why treatment takes months.



- 4 Retention For Life**
Once appliances are removed, bone takes months to fully harden. Without a retainer, teeth drift back.



“ Orthodontic treatment is not about changing who you are

It is about supporting how you function, for life.

“ It is the phase that makes treatment permanent. ”